

SENIOR FAIR

Wednesday, October 7th

Join us for a day of information and fun! Celebrate the “next chapter” of your life at the West Hempstead Library Senior Fair.

Schedule of Events:

Community Room 1

9:30am-10:30am - - - Meditation

Jenn Gonzalez will help you relax and de-stress with some basic techniques.

11:30am-1:00pm - - - Seniors and New Technologies

What is social networking? Join Amy Kearns for this informative program - find out what your grandchildren are doing on Facebook and why you might want to join too!

1:30pm-3:00pm - - - Herbal Pillow Craft

Grateful Gardener Paula Bivona will help you make a pillow with natural herbs to help soothe those aches and pains. (limited to 20)

3:30pm-5:00pm - - - Gaming Fun


All ages are welcome to join us for an afternoon of gaming. We will have an assortment of Nintendo Wii video games including bowling, tennis and golf. Board games will include Scrabble, Boggle, Blokus, Cranium and Wits and Wagers. Don't know how to play? We'll show you!

Community Room 2

11:00am-2:30pm - - - Mary Kay Mini Makeovers

Pamper yourself with a mini-makeover courtesy of Lisa Humburg, a Mary Kay representative who graciously offered to spend some time with us today.

Join us at 7:30pm for a musical tribute to the sixties!

Enjoy the sounds of the sixties as  perform your favorite songs from many of your favorite bands!

Admission is free and open to all. Refreshments will be served.

West Hempstead Public Library ♦ 500 Hempstead Avenue

www.whplibrary.org ♦ 481-6591

Co-sponsored by Nassau Library System Senior Connections